Cara Operations Unlimited

Recipe Unlimited to Release 2018 Third Quarter Results

VAUGHAN, ON, Oct. 5, 2018 /CNW/ - Recipe Unlimited Corporation (formerly Cara Operations) (TSX: RECP) will be releasing 2018 third quarter results on SEDAR (www.SEDAR.com) after the close of markets on Thursday, November 8, 2018.

In conjunction with the news release, Recipe Unlimited has scheduled a conference call to discuss 2018 third quarter results at 9:00 am Eastern Time on Friday, November 9, 2018.

To access the call, please call (647) 427-7450 or 1-888-231-8191, five to ten minutes prior to the start time. The conference ID is 5817279. A telephone replay of the call will be available until midnight on December 7, 2018. To access the replay, please dial (416) 849-0833 or 1-855-859-2056 and enter passcode 5817279.

About RECIPE

Founded in 1883, RECIPE Unlimited Corporation (formerly Cara Operations) is Canada's oldest and largest full-service restaurant company. The Company franchises and/or operates some of the most recognized brands in the country including Swiss Chalet, Harvey's, St-Hubert, The Keg, Milestones, Montana's, Kelsey's, East Side Mario's, New York Fries, Prime Pubs, Bier Markt, Landing, Original Joe's, State & Main, Elephant & Castle, The Burger's Priest, The Pickle Barrel and 1909 Taverne Moderne.

RECIPE's iconic brands have established the organization as a nationally recognized franchisor of choice. As at July 1, 2018, RECIPE had 1,379 restaurants, 1,318 of which were located in Canada and the remaining 61 locations were located internationally. 85% of RECIPE's restaurants are operated by franchisees and joint venture partners. RECIPE's shares trade on the Toronto Stock Exchange under the ticker symbol RECP. More information about the Company is available at www.cara.com.

SOURCE Recipe Unlimited Corp.

For further information: Investor Relations: Cara Operations Limited, Ken Grondin, (905) 760-2244, Chief Financial Officer, Email: kgrondin@cara.com or investorrelations@cara.com

---

https://recipeunlimited.investorroom.com/2018-10-05-Recipe-Unlimited-to-Release-2018-Third-Quarter-Results